

OK FOODS

Multi-portion meals for Care Homes, Schools and other Child Settings

Main Meals 1.2Kg
Cheesy Potato Pie
Pasta Bolognese
Friendly Fish Cakes
Moroccan Savoury Lamb Mince
Sleepy Shepherds Pie
Chicken and Potato Pie
Sausage, Tomato and Onion Casserole
Macaroni and Broccoli Cheese
Lemon, Chicken and Pea Risotto
Cottage pie
Roast Chicken in Gravy
Vegetable Crumble with a Cheesy Crust
Tuna Pasta with Sweetcorn in a White Sauce with Cheese Top
Bean and Vegetable Hotpot with a Cheesy Top
Cheesy, Beanie, Garlic, Tomato and Pasta Bake
Mild Lentil Curry
Cowboy Style Beef Mince
Savoury Vegetables with Quorn Mince
Sausage and Carrot Casserole
Spanish Omelette
Ham and Egg Pie
Ratatouille
Mild Vegetable Chilli
Beef Lasagne

Accompaniments 1000g Foil Tray
Carrots and Sweetcorn
Roast Potatoes
Baked Beans
Green Beans
Garden Peas
Gravy
Carrots
Broccoli
Sweetcorn
Saute Potato
Mashed Potato
Roast Potato
Rice
Roasted Parsnips
Baked Potato (Plain)
Mashed Potato
Carrot and Potato Mash
Cous Cous
Garlic bread x 20

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Desserts Min. Weight 1Kg
Chocolate and Mixed Biscuit Mousse
Apple Crumble
Rice Pudding with Jam
Fruit Salad
Rice Pudding with Jam
Ice Cream
Frozen Sorbet with Fruit
Pear and Cinnamon syrup
Apple Custard
Banana, Pineapple Whip
Peach and Pear Sponge 600g
Chocolate Sponge. 600g
Jam sponge 600g
Vanilla Sponge 600g
Custard
Chocolate Custard

Tea and Snack Items
Cheesy Garlic Wagon Wheels x 9
Sausage Rolls x 40
Fruit Sponge 600g
Vanilla Sponge 600g
Vegetable Puffs x 50
Chocolate Sponge 600g
Pitta Breads x 50
Vegetable Samosas 35g x 50
Mild Vegetable Chilli Wrap 100g x 50
Beef and Cheese Wrap 100g x 50
Chicken Wrap 100g x 60
Jam Sponge
Chocolate Biscuits
Buttery Biscuits
Flavoured Biscuits
Packets of Cream Crackers
Tubs of Cream Cheese 250g
Tuna and Mayonnaise filling 300g
Vegetable Spring Rolls 35g x 50

Dietetics 200g
Pasta Bolognese Allergen Free 200g
Quorn Mince Risotto 200g
Vegan Cheese and Potato Pie 200g
Savoury Quorn Mince Pie 200g
Beanie Bake with Vegan Cheese 200g
White Quorn and Vegetable Pie 200g
Soya Custard 200g
Sweetcorn Tomato Rice and Vegan Cheese 200g
Fruit Salad 200g
Vegetable Lasagne 200g
Quorn or Veg Sausage Casserole
Vegetable Patty

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Baby Purees 150g Meals
Carrots parsnip and Potatoes
Peas Potatoes and Carrots
Broccoli, Sweet Potato, Carrots
Apple, Parsnip and Potato
Cottage Pie with Peas
Lemon Chicken and Pea Risotto
Roast chicken green beans and carrots
Roast chicken green beans and carrots
Vegetable Lasagne
Morning Products
Organic Whole or Semi Skim Milk x 2 litres
Wholemeal Sliced Bread (Loaf)
Organic Whole Milk x 2 litres
Vegetable Margarine 2 Kg
Bananas Whole
Apples Whole
Pears Whole
Peach Slices in Juice 1 Kg

Baby Purees	150g Desserts
Apple and Orange	
Apple Custard	
Creamy Rice Pudding	
Peachy Apple	
Simply Apple	
Peach and Banana	
Caribbean Pineapple Whiz	
Frozen Yogurt with Peach and Apple	
Soups	
Potato and Leek Soup 1.2Kg	
Tomato and Basil Soup 1.2 Kg	
Carrot and Coriander Soup 1.2Kg	
Chunky Vegetable Soup 1.2 Kg	

Miscellaneous
Mop Heads
Tray Diet Coke Cans x 24
Tray Orange Fanta Cans x 24
Normal Coke Cans x 24
Box of Mars Bars x 48
Box of Twix x 48
Box of Double Deckers x 48
Walkers Crisps Cheese and Onion x 48
Walkers Crisps Salt and Vinegar x 48
Quavers
Cling Film Wrap
Foil Wrap